

Healthy Relationships Healthy Community

- Join us for a day of conversation and workshops on healthy relationships and healthy ways of resolving conflicts
- Healthy boundaries and how to set them
- Importance of listening and responding
- Balancing work and family
- Lunch & Childcare will be provided!



Saturday, May 13th, 2023

10 AM -2 PM

at Abilities Centre

55 Gordon St, Whitby L1N 0J2



For more information please contact:

May Toma at 905-903-0285

**Registration
required.
Please scan this
to register** →



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hours for
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